Islam shows you the opposite, low motivation, to make the matter clear.

The determination is the inner drive which pushes you to do your maximum.

It is not suitable for a person who has an intellect to have low goals. It is upon the person to make his determination grow, or be complacent, and satisfied with what he has. You must always compete with yourself to reach for the stars.

Allah warned us from having a low will and determination in different ways.

One way that Allah uses is by giving those who have a low inner drive an ugly face, so that people turn away from it.

Allah gives an example of a person who was favoured by Him, but he didn’t appreciate it, so he came out of the favours like a snake shedding its skin. He was misguided and he misguided others. He remained attached to the dunya. Allah likens this person to a panting dog.

The hypocrites are prime examples of low motivation and laziness. They are dispraised.

An inner motivation is essential in battle. Jihad is a big honour. If the hypocrites really had a motivation to participate, they would...
have prepared for it. But they had a low determination, so they weren’t chosen for battle. The one who is determined will take action. There are people who prefer the dunya, and make it their main concern. They are the ones who have a low determination.

The one with a high determination will look up to the skies, not down to dunya.

The Yahud are likened to a donkey, because they have knowledge, but they don’t apply it.

There are several manifestations of a low motivation.

Laziness in worship
Indeed, the hypocrites [think to] deceive Allah, but He is deceiving them. And when they stand for prayer, they stand lazily, showing [themselves to] the people and not remembering Allah except a little.

Allah does not guide the wrongdoing people.

The Yahud carry the tawbah, but they don’t act upon the commandments in the Tawrah. The point of knowledge is not only to learn, but to apply what you learn. The donkey carrying loads of books will not benefit from them.

Allah except a little.

The hypocrites are lazy in worship. Even when they worship, they do it with laziness. They try to deceive Allah. They will pray with laziness, just to show the people their piety. Be aware of this flaw, and ask Allah for a high determination.

Escape from responsibilities
Those who remained behind of the bedouins will say to you, "Our properties and our families occupied us, so ask forgiveness for us." They say with their tongues what is not within their hearts. Say, "Then who could prevent Allah at all if He intended for you harm or intended for you benefit? Rather, ever is..."
Allah, with what you do, Acquainted.

You must grab any opportunity of doing good deeds, which comes your way.

Engrossed in appearances
And when you see them, their forms please you, and if they speak, you listen to their speech. [They are] as if they were pieces of wood propped up - they think that every shout is against them. They are the enemy, so beware of them. May Allah destroy them; how are they deluded?

It is very important for the hypocrites to appear good in the eyes of people. This makes them very concerned with their appearance.

The one who has a high determination, doesn’t care what people think of him. He will only think of pleasing Allah. The hypocrite looks very pleasing, and his words will amaze you. But they have no feelings or strength, they are like pieces of wood, propped up.

They remain busy with useless pursuits. The time will finish, and they will have no achievements to show for the lost time.

The Messenger of Allah said:
Indeed among the excellence of a person’s Islam is that he leaves what does not concern him.
Tirmidhi, 2317

The one with a low determination will indulge in dunya at the expense of forgetting Allah. However attractive and glamorous it is, it is still dunya, lowly.

The one with a low motivation will delay and postpone matters. Someone who is determined will not delay any matter, he will do it immediately.

They will dwell on the past, and regret it. This is not the attitude of a person with a high determination.

What are the reasons for a weak motivation?

The love of dunya, and a hatred for death, will result in a low inner drive.

If the person is living in an environment in which people have low goals, this will affect him too.

A lack of a good upbringing will also affect the inner drive. The nurturing of the parents and care givers must be encouraging.
The one who indulges too much in his wealth and children will also have a low motivation. These two things will remain. Children will always have matters to be dealt with, even if they become grandparents themselves. Don’t occupy all your time and energy on them.

Laziness and indifferenCe result in a low determination.

Pride and arrogance will also make the person complacent, so that he will not try to change his position.

Jealousy and greed are like a fire in the heart. They will pull a person down.

Sins and disobedience are a means of humiliation, making the person forget his own benefit.